

## PRESS INFORMATION

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### **Leadership with purpose: BIKAR METALS management team with Father Anselm Grün**

Learning from the values of the Benedictines

Münsterschwarzach/Bad Berleburg/Korbußen - The 23-headed management team of the BIKAR Group embarked on an extraordinary journey - not to distant lands, but to the silence and wisdom of Münsterschwarzach Abbey. For three days, the leaders immersed themselves in the Benedictine monastic community to gain new impulses for value-orientated leadership from Father Anselm Grün. The seminar entitled 'Leading people, awakening life' offered inspiration and in-depth reflection on the connection between tradition and the future.

#### **EVERYTHING. with tradition. – When values shape the future**

Tradition and innovation are not contradictory - they are mutually dependent and provide stability in a changing world. This principle is not only practised by the Benedictine community, but also by BIKAR. The company relies on consistency and an awareness of values as the basis for sustainable success. 'We deliberately chose the monastery setting in order to take a closer look at leadership, responsibility and how we work together far away from everyday life,' explains the company.

#### **Benedictine leadership culture as inspiration for business**

When Father Anselm Grün welcomed the BIKAR management team, he was impressed: 'Rarely do I see so many young people in such responsible positions. That is a sign of trust and foresight.' He praised the openness of the participants to

engage in monastic life and reflection. Leadership means more than just responsibility - it is the art of inspiring others, creating trust and developing potential. Grün spoke about the centuries-old tradition of the Benedictines and in particular about the role of the cellarer, the monastery's economic administrator, who is responsible for mindful yet efficient management.

'Good leadership is not just about managing processes, but above all about awakening life in people,' says Anselm Grün. 'Those who inspire their employees create long-term motivation, trust and success.'

### **Find peace, recharge the batteries, gain clarity**

Away from meetings, phone calls and constant availability, the monastery offered a valuable antidote to the hectic pace of everyday life. In an environment that recognises silence as a source of strength, the managers were able to pause, reflect and recharge their batteries. Practical meditation and mindfulness exercises helped to calm the mind and sharpen the focus. 'Leadership begins with self-leadership. Only those who are in balance themselves can inspire others,' emphasised Father Anselm.

The seminar showed how important it is to integrate pausing and reflection into everyday working life - for individual clarity, but also for a sustainable and inspiring corporate culture.

### **Focus on sharing experiences and team spirit**

In addition to Anselm Grün's impulses, the exchange within the team took centre stage. Experiences, challenges and visions for the future were shared in intensive, personal discussions. Once again, it became clear that values such as respect, responsibility and a sense of community are the basis for a strong and forward-looking management culture across locations and departments. The BIKAR management team returned to the day-to-day running of the company with new clarity, fresh perspectives and strengthened cohesion. But one thing remains: the realisation that true leadership not only controls processes - but above all inspires

people. BIKAR remains true to its guiding principle 'EVERYTHING. with tradition.' and combines enduring values with fresh thinking for a successful future.

### **Holistic and future-orientated employee management**

BIKAR will continue to invest in the training and development of its employees and managers in the future in order to benefit from a positive management culture in the long term. In addition to external seminars, the company's own organisational development department is available to provide advice. For example, a three-part in-house management training programme was successfully carried out last year. The company is convinced that positive leadership fosters a culture of respect and appreciation, promotes employee loyalty and consolidates the company's position in a dynamic market environment in the long term.

### **About BIKAR METALS:**

Founded in 1962 and headquartered in Bad Berleburg-Raumland and since 2009 also in Korbußen near Gera in Thuringia, the family-owned company BIKAR METALS specialises in the production and distribution of aluminium, copper, brass, bronze, special alloys and plastics. Through continuous innovation and advanced automation solutions, BIKAR has become the world market leader in aluminium processing. For over 60 years, BIKAR has stood for quality, precision and sustainability - and supplies customers worldwide. With its subsidiary BIKAR AEROSPACE, BIKAR has also developed into one of the most important suppliers to the aerospace industry.

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**Captions :**

**Image 1:** The BIKAR management team spent three days immersed in monastic life and an intensive dialogue with Father Anselm Grün and took a lot away from it.

**Image 2:** Finding your own balance together in order to lead well.

**Image 3:** Intensive dialogue against the magnificent backdrop of Münsterschwarzach Abbey

**Image 4:** Without any distractions, the managers engaged in an intensive dialogue with Father Anselm Grün.

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